An international conference, initiated by education, partnered by the dance profession.

For educators, policy makers, choreographers, support and medical staff and, not at least, the new generation!

www.beyondbwh.com
Venues of the Events

BEYOND believes in nomadic learning: i.e. learning in between the different sessions and experiences. Sharing your thoughts and knowledge whilst changing your location. This is why BEYOND has provided various venues in Arnhem, all within walking distance of each other.

1. ArtEZ School of Dance

ArtEZ School of Dance is known for its personal and innovative approach. Its unique didactic concept and form of dance education significantly reduces injuries and contributes to the development of both excellent dancers and dance instructors, both with substantial expertise in self-regulation and career extension. ArtEZ School of Dance has achieved an internationally-recognised distinction within the accreditation system: Periodisation in Dance Education. Some of the break-outs will be organised at ArtEZ, as is the opening reception on Wednesday April 15.

2. City Hall

Arnhem City Hall is built around a courtyard, an atrium. Its architect is J.J. Konijnenburg, a former student of Gerrit Rietveld. The current building has been in use since 1968. The municipality of Arnhem opens the doors of the Arnhem City Hall for our opening reception, hosted by the mayor of Arnhem.

3. Eusebiuskerk

St. Eusebius church, also known as the Eusebiuskerk or the Grote Kerk, is at 93 metres the largest church and the largest building in Arnhem. It is named after the 4th-century saint Eusebius, Bishop of Vercelli. The plenary sessions of the Saturday will be organised at the Eusebiuskerk, as is the closing dinner and party.

4. Introdans

In 2009, Introdans was designated as a ‘part of the basic national infrastructure of the Dutch Ministry of Education, Culture, and Science’. The company presents modern dance performances under the themes of old masters, contemporary partners, and new talent. As Arnhem’s flagship dance company, Introdans performs both within the Netherlands and worldwide. As a support for the conference, Introdans kindly offers their studio for break-out sessions.

5. Schouwburg Arnhem

Schouwburg Arnhem a theatre tradition covering more than 100 years. The current building dates back to 1938. Schouwburg Arnhem was the first theater in the Netherlands which constructed a small studio theatre (flat floor) in order to give space to the new forms of theater which developed in the 70s (1978). Schouwburg Arnhem hosts our performance on Friday April 17.

6. Stadsvilla Sonsbeek

A monumental building with picturesque and magnificent views over an equally monumental park and the city of Arnhem. Villa Sonsbeek was built in 1744, renovated in 2014 and fully furnished by Arnhem entrepreneurs, designers and artists. Some of the break-out sessions and the plenary will be organised at the Stadsvilla Sonsbeek.
1. ArtEZ

2. City Hall

3. Eusebiuskerk

4. Introdans

5. Schouwburg Arnhem

6. Stadsvilla Sonsbeek

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Hotels & Restaurants Arnhem

A selection of hotels and restaurants recommended by BEYOND

Hotels
1. Holiday Inn Express Arnhem
   Nieuwe Oeverstraat 50
   Telephone: +31 (0)26 820 00 70
   Website: www.hiex.nl

2. Best Western Plus
   Hotel Haarhuis
   Stationsplein 1
   Telephone: +31 (0)26 442 74 41
   Email: info@hotelhaarhuis.nl
   Website: www.hotelhaarhuis.nl

3. NH Rijnhotel
   Onderlangs 10
   Telephone: +31 (0)26 443 46 42
   Email: reserveringen@nh-hotels.com
   Website: www.nh-hotels.nl/eh-arnhem

4. Hotel Arnhem Centraal
   Willemsplein 18
   Telephone: +31 (0)26 352 98 30
   Email: info@hotelarnhemcentraal.nl
   Website: www.hotelarnhemcentraal.nl

5. Hotel Modez
   Elly Lamakerplantsoen 4
   Telephone: +31 (0)26 442 09 93
   E-mail: receptie@hotelmodez.nl
   Website: www.hotelmodez.nl

Restaurants
6. Dudok
   Koningstraat 40
   Telephone: +31 (0)26 351 18 72
   Email: arnhem@dudok.nl

7. Stadsvilla Sonsbeek
   Telegenlaan 3
   Telephone: +31 (0)26 446 52 00
   Website: www.stadsvillasonsbeek.nl

8. Momento
   Oude Oeverstraat 98
   Telephone: +31 (0)26 760 03 00
   Website: www.momento-arnhem.nl

9. Babocafe
   Bovenbeekstraat 28
   Telephone: +31 (0)26 443 46 04
   Website: www.babocafe.nl

10. De Hoeksteen
    Trans 12
    Telephone: +31 (0)26 737 03 47
    Website: www.dehoeksteen.nl

11. Grand Cafe Arnhems Meisje
    Broerstraat 41
    Telephone: +31 (0)26 446 40 40
    Website: www.arnhemsmeisje.com

12. Restaurant Rose’s Lounge
    Rijnkade 49
    Telephone: +31 (0)26 351 9491
    Website: www.roseslounge.com

13. Mexican Restaurant Cantina
    Rijnkade 59
    Telephone: +31 (0)26 443 27 06
    Website: www.cantina.nl

14. CASPAR (Fashion quarter)
    Elly Lamakerplantsoen 2
    Telephone: +31 (0)26 840 35 24
    Website: www.caspar.nu

15. Gavius (Spijkerkwartier)
    Prins Hendrikstraat 11
    Telephone: +31 (0)26 351 29 31
    Website: www.gavius.nl

16. LOOK (Spijkerkwartier)
    Kastanjelaan 1
    Telephone: +31 (0) 26 445 19 16
    Website: www.looketenendrinken.nl

17. Josephine Coffee
    Bakkerstraat 22
    Telephone: +31 (0)26 370 51 10
    Website: www.josephinecoffee.com

18. Museumcafe Arnhem
    Utrechtseweg 87
    Telephone: +31 (0)26 303 14 00
    Website: www.museumarnhem.nl

Close-up of the Spijkerkwartier
See close-up above to zoom in on the Spijkerkwartier.
The dance company consists of 38 dancers and is an international, contemporary dance company based at the Göteborg Opera. The company attracts legendary dance artists as well as some of the most interesting young choreographers, and inspires them to create ground-breaking works.

Original creations for the company include works by:

www.opera.se/danskompani
facebook.com/GOdanskompani
The dance company consists of 38 dancers and is an international, temporary dance company based at the Göteborg Opera. The company attracts legendary dance artists as well as some of the most interesting young choreographers, and inspires them to create groundbreaking works.

Original creations for the company include works by:


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Beyond ballet
why and how

Hosted by:
ArtEZ Dansacademie
Arnhem, The Netherlands

In partnership with:
GALETTAKADEMIEN
Stockholm, Sweden

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Colofon

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**Production manager BEYOND:** Marit Veeneman
**Project coordinator Medicine & Science day:** Kim Lokers
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**Student coordination:** Anna-Karin Steen
**Graphic design:** Dana Dijkgraaf / Studio Hands
**Digital platform:** Diederik Vrijhoef / Visuele Notulen

With special thanks to all technical and supportive staff of our venues and of course all our volunteers.
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Dear reader,

Welcome to Arnhem! It is a great pleasure for me as mayor to welcome you to our city for this international conference BEYOND ballet why and how. A great initiative of our ArtEZ, school of Dance and partner school Balettakademien Stockholm. A conference that revolves around daring and doing. Goals that fit very well in our town: Arnhem is an innovative city and with the presence of ArtEZ and Introdans, also a dance city.

BEYOND brings together knowledge and expertise. Sharing acquired knowledge and experience is just as important as innovation. Ideas tested in practice often lead to interventions and new insights. Especially these days when what is required from the arts changes rapidly. The cultural sector is expected to act with the vision of entrepreneurship; this only comes with trial and error. It’s good to share experiences with each other and to involve different parties, such as entrepreneurs within the discussion. These, and other crossovers will be examined during this conference.

And of course I also hope you will enjoy our city. In Arnhem, you can enjoy our diverse range of culture, the Fashion quarter Klarendal and the beautiful nature in and around the city.

Drs. H. J. Kaiser
Mayor of Arnhem
Welcome to BEYOND

Let us dance that passionate tango for at least these three days, I will anyway...

It takes two to tango, is one of my most favourite proverbs. Not just because it refers to an extremely passionate form of dance, but also because it relates to the need of the ‘other’ necessary in the execution of the form itself.

This is also how I relate to the notion BEYOND in the title of the conference. We can easily be tempted to exclusively link it to the new and innovative. It is however my believe that to move BEYOND is far more then innovating or the creation of new knowledge. It is, as well, a feast of recognition, repetition and embodiment of the known, placed in a new constellation and/or context. To do so, as in dancing the tango, the key to success is in the verbal and non-verbal communication of the dance partners and their joint need to sense each other through listening, collaboration and endless and ultimate perseverence. BEYOND then, becomes a meeting place to confirm, perpetuate and celebrate the developed, thought about and done. If this dance couple wants to excel in their dancing, they should move BEYOND possible existing boundaries of sharing, limits, styles and genres, vocabulary, discourse, domain areas, competences and time constraints. I hope that BEYOND ballet why and how, will feel like dancing the tango, even though it might possibly be with a unconventional partner. That it supports your intrinsic curiosity and motivation to meet, define, re-define, discuss and re-discuss all you and the others know. And through this re-enactment find the world BEYOND established knowledge. Let us dance that passionate tango for at least these three days, I will anyway...

I wish you to be BEYOND, move BEYOND, stay BEYOND. I look forward to meet you all on the dance floor.

Gaby Allard
Let’s do it!

Isn’t this great! A whole conference devoted to BEYOND. Not to Why and not to How. Let’s go BEYOND these questions now. This is Dance on a functional level. How do we want it to work? What are our thoughts for the future? Come and be part of the BEYOND in Dance!

As the director of Balettakademien in Stockholm, Sweden I am very engaged in the question of the training towards a career as a professional dancer. Here I need the Why and How and also the What and When. I need to ask these questions together with other competent, engaged and interested people. People like yourself. Let’s dare to challenge not only dance, but our own way of thinking about dance. Let’s be brave and make it possible by trying, by doing.

When I, Gaby Allard and Fay Nenander started discussing the content of this conference, we knew we wanted to go BEYOND ballet, BEYOND the tradition of dance, not only with the topics but also with how we meet and how we interrelate. Let’s keep some of the tradition for stability, let’s throw some away, let’s re-evaluate and adapt some parts to the present and let’s be innovative and dare the new. This is for the future of dance!

For Balettakademien to be a part of and co-hosting this great event is filled with, not only responsibility, but also curiosity. With this curiosity we are actually setting new standards and opening up for new possibilities. I feel honored and privileged to be doing this together with ArtEZ, our partner school in the Netherlands.

I’m so glad you are here being part of not only this conference but also part of the future in dance. Lets do it!

Thank you!

Jan Åström
After a Journey

That is still my wish. Let us move forward together into the ‘BEYOND’ with open minds and open hearts.

Autumn 2007: Who would have thought it? That when Gaby Allard and I sat in the Hague and brainstormed about the future of Ballet, the result would be, not just one conference, but two!

What started out as stimulating discussions and an exchange of ideas about the role of Ballet in the education of ‘non-balletic’ dancers, has – after a journey of some eight years – now resulted in discussions and ideas about the future of Dance. ‘BEYOND’ where we all were at the first, 2012, conference; ‘BEYOND’ our comfort zones into new and exciting challenges; and not least, ‘BEYOND’ whatever were our wildest imaginings in 2007.

It has also resulted in a firm friendship, based – at least as far as I am concerned – on admiration, respect and shared enthusiasms. And this perhaps is also what ‘BEYOND’ is all about. A respect for other opinions and backgrounds, an admiration for each other’s achievements, shared enthusiasms, thinking ‘outside the box’, crossing boundaries (whether national or professional), the desire to move forward and, not least, friendships. In other words, a broader view of what Dance is and can be.

In the introduction to the 2012 ‘Ballet: Why and How?’ conference I wrote:

“…Perhaps ....highlighting our common debt to our heritage and our determination to advance the future of our Art... can help to unite us; help us to see the greater picture... Not meaning that we should think alike, but that we should realise that there is more which unifies us than there is which divides us.”

That is still my wish. Let us move forward together into the ‘BEYOND’ with open minds and open hearts. I hope you all have an enjoyable and exciting conference. There will be much to think about. Take the ideas with you home and develop them into your own ‘BEYOND’.

Fay Nenander
Henny Jurriens Foundation

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Supporters

To ensure that the conference has a broad content and audience, while also remaining focused on the questions and practices of the target group, the conference works with supporters. Supporters are nationally established organisations that share an interest in the conference. The supporters want to help effect positive change. Representatives of the supporters also take part in the resource group.

Amsterdam School of the Arts

De Theaterschool, faculty of theatre and dance of the Amsterdam School of the Arts, is located in the centre of Amsterdam, the heart of the Netherlands’ cultural life. Our teachers are distinguished theatre and dance professionals, renowned both internationally and in the Netherlands. Young artists study alongside students from all of the stage arts, who share their passions and motivations. In these surroundings, we stimulate every student to explore their potential and develop their talents and artistic identity to the full.

What makes de Theaterschool unique is the inspiring dialogue between the different programmes that encompass the entire breadth of the theatre arts: the relationship between dance and theatre and the creative team of director, sound and light designer, producer and designer. Taught by instructors who are both teachers and dance professionals, along with visiting instructors, students learn the many aspects of an ever-changing profession. Regularly, they will be confronted with topical discussions about the profession. We aim to encourage aspiring professionals to learn to think deeply about their artistic practice and consider how they want to connect and interact with the world around them. The dance study programmes of de Theaterschool make up a wide spectrum:

- Dance in Education
- Jazz and Musical Dance
- National Ballet Academy
- Master of Choreography
- Modern Theatre Dance
- School for New Dance Development (SNDO)

www.theaterschool.nl
Introdans moves you

How wonderful that this international conference takes place in our home base Arnhem. The small city where in 1971 ambitious young ballet dancers started a company from scratch. Today Introdans is an international operating dance company. We honor the legacy and development of modern ballet, combined with an extensive outreach programme, for all people from 4 till 104. Meet us during BEYOND ballet why and how: we are looking forward to it.

Roel Voorintholt
Artistic director Introdans

Introdans is unique in the dance world. The company consists of three pillars: the main Introdans ensemble, Introdans Ensemble for Youth and the Introdans Interaction education department. Both of the dance ensembles undertake theatre tours in the Netherlands and abroad, presenting appealing shows performed by sublime dancers.

Introdans | Dances modern ballet repertoire by Old Masters and Contemporary Partners and also invests in new choreographic and dance talent. The shows are a delight to experience and offer a rich and accessible repertoire: modern in tone with a classical foundation.

Introdans Ensemble for Youth | Dances jewels from the Treasury of Dance for young and old. The ensemble presents enthralling dance pieces by renowned choreographers together with new creations, all full of energy and vitality!

Introdans Interaction | Lets everyone join the dance: at school, outside school, young and old, with and without limitations. This specialised department provides a special dance experience for one and all, based on the repertoire of both dance ensembles – in short or long-term projects or during special encounters.

The Dutch National Ballet

BEYOND ballet why and how is a welcome and rare opportunity to reflect with fellow dance professionals, celebrate progress in our field and share ideas for the future.

Ted Brandsen
The Dutch National Ballet

The Dutch National Ballet develops, produces, and presents ballet at a prestigious international level. Their repertoire covers everything from classical ballet to contemporary dance, from narrative to abstract, and includes both national and international performances. Through this diverse approach, the Dutch National Ballet aims to reach and affect a wide audience.

The Dutch National Ballet is by far the largest dance company in the Netherlands, with nearly 80 dancers among more than 125 members of staff. Despite its name, the Dutch National Ballet is an international company with dancers who either come from, or are regular guests with, other prestigious companies such as the Kirov Ballet in St. Petersburg, The Royal Ballet and English National Ballet in London, the San Francisco Ballet and the New York City Ballet.

The Dutch National Ballet gives more than 95 performances throughout Holland each year with live accompaniment from Holland Symfonia. The company is also a regular guest of important venues throughout Europe and the rest of the world, and takes part in prestigious festivals such as the Edinburgh Festival.

The company is directed by ex-dancer Ted Brandsen, who earned his spurs as an international freelance choreographer and as the artistic director of the West Australian Ballet, before returning to the Dutch National Ballet in 2001 in the position of assistant artistic director and resident choreographer.

www.operaballet.nl
Resource Group

The conference content is determined by the two partners (ArtEZ and Balettakademien). A resource group ensures that the content is relevant for the various educational institutions and professional work field. This resource group worked with the supporters to develop the content for the conference.

The resource group members:
Support & Grants

We gratefully acknowledge the support of

**Nordic Culture Fund**
Nordisk Kulturfond
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DK-1061 Copenhagen K, Denmark
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e-mail: kulturfonden@norden.org
www.nordiskkulturfond.org

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artez.nl/dance
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Friends emphasise the relevance and importance of this conference. Their support helps to create a financial foundation and provides a firm basis for the conference.

Thanks to:

ArtEZ Theory in the Arts Professorship
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BASE23 — Stockholm Dance Academy
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www.cullbergbaletten.se

National Centre Performing Arts (NCPA)
Onderlangs 9
6812 CE Arnhem
The Netherlands
welcome@ncpa.eu
www.ncpa.eu
Conference Themes

1. Educational
The unifying elements in this theme highlight the ways in which changes are implemented within dance education. As our knowledge base expands, fuelled by artistic practice and applied and theoretical research strands, our perspective on the moving body through space and time have changed dramatically. Consequently, the way we train and the role that training plays in the daily routines of dancers, educators and artists requires further examination. What skills do present, and future, educators need in their interaction with students and dance professionals? This theme shows examples of various methods developed by dance practitioners based on questions and challenges of educating the dancer of today.

2. Artistic
Today we live in a hyper-capitalist global society. Instant consumption of both goods and concepts are de rigueur. Dance is a consumer product. Museums, theatre companies and television production firms now own hybridised art and commercial works. Todays’ dancers feel empowered to claim co-creation or part ownership in the artistic product. How does this affect the artistic process and ultimately the finished creation? Is the 24-hour consumption of dance via YouTube and Vimeo a blessing or a curse? And what is the justification for the re-enactment or re-creation of previously created work? This theme invites working choreographers to conduct extended workshops and share their artistic and choreographic research methods.

3. Urban
Essential to the structure of the urban dance encounter, also known as ‘battle’ or ‘circle dance’, is extensive shared knowledge. This knowledge is valuable when it comes to communications and interactions with the public as well as the performative nature of dance in public spaces. But also when it relates to ‘open’ training principles and the ‘anatomy’ of different urban dance styles. This theme is particularly interesting for those who wish to experience how urban dance training principles and methods can be used in traditional dance settings. And for urban dancers to experience more about healthy practice, research into the discipline and training together.

4. Preservation
Is it important to preserve our heritage? And if so, how do we best archive, transfer and interpret this knowledge for present and future generations? In the Netherlands, with the recent decision of the national government to close the Theatre Institute, theatre heritage has been locked away. The ramifications of such a drastic decision become all too poignant when current dance makers try, in vain, to source previous generations for inspiration. How is knowledge preserved and accessed in the BEYOND? And how should we approach the fragile question of ownership, co-creation and documentation? This theme in the conference explores archiving, notation and repertoire.

5. Medicine and Science
With the increasing interest in, and use of knowledge gained from dance and sports medicine research, a deeper understanding of the challenges involved in care of dance students and professionals has evolved. What new challenges lie ahead as dancers’ careers are now lengthened well into age 40’s and 50’s? What adjustments in counselling, prevention, treatment and research are required as dance styles morph and merge with, for example circus theatre? And more importantly, does this influence the need for a more interdisciplinary support network in the near future?

6. General Interest
In addition to the specific themes detailed above, BEYOND also offers subjects of general interest. Lectures, workshops and plenary sessions will focus on the challenges and changes that dance is facing in the future. Subjects will include changes in the support structures for choreographers, new forms of financial support, the ever-changing question of progressive professional development, tools for ‘new’ leadership and the psychology of change.
Legend

In the conference programme the themes are marked with symbols. Those symbols are based on the Laban Movement Analysis, also known as the Labanotation. Labanotation is a notation system for recording and analyzing human movement and was created in the 1920s. The system is developed by Rudolf Laban (1879) working in collaboration with colleagues.

The legend for the conference:

- **Keynote / Plenary session:** 📚 📚 📚
- **Artistic:** 🎨 🎨 🎨 🎨
- **Educational:** 🎓 🎓 🎓
- **Preservation:** 📜 📜 📜
- **Medicine and Science:** ☑ ☑ ☑
- **Urban:** 🗽 🗽 🗽
- **General Interest:** ⬛ ⬛ ⬛
- **Other:** 🟢 🟢 🟢
Scapino Ballet originated in 1945 as one of the first art education institutes of The Netherlands, by bringing specialised dance programmes to primary schools. During these last 70 years Scapino has evolved into a modern dance company and is renowned for its large, thematic productions, often accompanied by live music: innovative, entertaining and featuring talented dancers.

Through its Academy, Scapino Ballet fulfills a leading role in educating young dancers and choreographers. Scapino is also deeply rooted in society by initiating and participating in various projects on the cutting edge of arts & science and arts & healthcare. Always aiming higher, Scapino is open for interesting (international) projects and partners.

Find out more
Contact business manager Peter Jansen for more information at:
info@scapinoballet.nl

scapinoballet.nl
Keynotes

Maaike Bleeker

Presenter at Perspectives Beyond the Norm

Maaike Bleeker is a Professor and the Chair of Theatre Studies of the University of Utrecht, the Netherlands. She studied Art History, Theatre Studies and Philosophy at the University of Amsterdam where she also completed her PhD on Visuality in the Theatre (2002).

Nedjma Cadi

Presenter at Change Now and in the Future
Panel: The Process of Change

Nedjma Cadi is graduated in architecture from the University of Geneva and holds a master’s degree in Computer Graphics visualization. She is a senior 3D designer at MIRALab, an interdisciplinary group under the aegis of the University of Geneva working in the field of Computer Graphics, Computer Animation and Virtual Worlds.

Wouter Hillaert

Presenter at Change Now and in the Future

Wouter Hillaert (1978) is a Belgian theatre critic and cultural journalist. He studied Dutch/Flemish and Swedish languages and literature at Ghent University and Theatre Sciences at Antwerp University and Stockholm Universitet. In 2002 he started working as freelance theatre critic for the Flemish daily newspaper De Morgen and Radio Klara, since 2009 for De Standaard.

Margriet Schavemaker

Presenter at The Role of Tradition in the Arts
Panel: Preservation of Art

Margriet Schavemaker is art historian, philosopher and media specialist. After a career as lecturer and assistant professor at the Art History and Media Studies departments at the University of Amsterdam, she currently holds the position of Head of Collections and Research at the Stedelijk Museum Amsterdam.
Presenters

Anne Affourtit
Former dancer, now psychomotor therapist, Amsterdam, The Netherlands

Hannah Shakti Bühler
Certified GYROKINESIS® Trainer, Frankfurt am Mein, Germany

Otto Akkanen
Dance artist, photographer, bodywork practitioner, and teacher, Frankfurt am Mein, Germany

Joost Becker
IP-lawyer from Dirkzwager advocaten & Notarissen specialized in copyright law and authors’ moral rights, Arnhem and Nijmegen, The Netherlands

Jacq Algra
Journalist for the Dutch newspaper Het Parool, DansMagazine, TheaterMaker and Theaterkrant.nl, Amsterdam, The Netherlands

Nicole Beutler
Artistic director NBprojects, Amsterdam, The Netherlands

Catherine Allard
Artistic Director of IT Dansa Jove Companya del Institut del Teatre, Barcelona, Spain

Adolphe Binder
Artistic Director of GöteborgsOperans Danskompani, Göteborg, Sweden

Gaby Allard
Director of the Faculty of Theatre and Dance, ArtEZ, Arnhem, The Netherlands

Hillary Blake-Firestone
Choreographer, performer, teacher, advisor and repetitor, Amsterdam, The Netherlands

Jan Åström
Principal and Artistic Director at Balettakademien Stockholm, Sweden

Elise Boom
Dance teacher and co-founder of Boys Action in Arnhem, The Netherlands
Wil Boom
Founder of Boys Action in Arnhem, The Netherlands

Ted Brandsen
Director of The Dutch National Ballet, Amsterdam, The Netherlands

Marije T. Elferink-Gemser
Professor Sport Sciences at the Centre for Human Movement Sciences, University Medical Center Groningen, and associate professor at HAN University of Applied Sciences, Groningen, The Netherlands

Paul Bronkhorst
Director of the Dutch Career Transition Programme for Dancers, Amsterdam, The Netherlands

Jean-Yves Esquerre
Artistic Director of the Nationale Balletacademie, de Theaterschool, Amsterdam, The Netherlands

Derrick Brown
Movement researcher and PhD candidate, Radboud University, Nijmegen, The Netherlands

Gary Feingold
Cultural entrepreneur: founding director of the Henny Jurriëns Foundation, a dutch open dance studio, Amsterdam, The Netherlands

Evert Burggrave
Manager PR and marketing at Introdans, Arnhem, The Netherlands

Johan Forsberg
Jazz dancer and teacher at Balettakademien Stockholm, Sweden

Robert van Cingel
Managing director sports at the medical center Papendal in Arnhem, The Netherlands

Jonas Frey
Dancer, teacher and choreographer, Nijmegen, The Netherlands
Presenters

Orlando Goacher
Strength and Conditioning specialist undertaking a MSc at the University of Wolverhampton, UK

Lydia Harmsen
Head of development at the Royal Theatre and National Theatre Company in The Hague, The Netherlands

Emio Greco & Pieter C. Scholten
Directors of the International Choreographic Arts Centre (ICK Amsterdam) and the artistic directors of the Ballet National de Marseille (BNM), Amsterdam, The Netherlands

Thom Hecht
Dance scholar, dance educator and performing artist with a research focus on dance in higher education, Frankfurt, Germany

Anna Grip
Senior Lecturer in Dance and Acting Head of Bachelor Programme in Dance at University of Dance and Circus (DOCH) in Stockholm, Sweden

Sue Hoyle
Director of the Clore Leadership Programme, London, UK

Marleen Grol
Mensendieck therapist, Coordinator of the Medical Team of The Dutch National Ballet, Amsterdam, The Netherlands

Shane Jewell
Executive Director of Oklahoma City Ballet, Oklahoma, USA

Clare Guss-West
Teacher, dance & holistic health, Zurich, Switzerland

Hans van Keulen
Curator/performing art team leader of the Special Collections of the University of Amsterdam, The Netherlands

Gert-Jan de Haas
Neuropsychologist (UVA/RUL) and musician classical/electric guitar, (Sweelinck Conservatory in Amsterdam), The Hague, The Netherlands

Arjo Klamer
Professor in the Economics of the Arts and Culture at the Erasmus University Rotterdam, The Netherlands
Presenters

Brendon Koolen
Sports psychologist, The Hague, The Netherlands

Jane Lord
Coordinator of the Outreach Programme and Talent Scout for the National Ballet Academy, de Theaterschool, in Amsterdam, The Netherlands

Yiannis Koutedakis
A Professor in Exercise Physiology at the University of Thessaly, Greece and a visiting Professor at the University of Wolverhampton, UK

Jasper van Luijk
Choreographer and dancer, Amsterdam, The Netherlands

Robin Lakes
Associate Professor of Dance at the University of North Texas, Denton, USA

Joost van Megen
Joost van Megen
Health Coordinator at ArtEZ School of Dance, Arnhem, The Netherlands

Chloé Le Nôtre
Dance producer and cultural manager, mainly in the hip hop and urban field, Paris, France

Ruud Meulenbroek
Director of the School of Psychology and Artificial Intelligence at the Radboud University, Nijmegen, The Netherlands

Sophie Manuela Lindner
Physiotherapist and b-girl, Cologne, Germany

Alexandre Munz
Former dancer, now choreographer and educator; creator of S.A.F.E.™ project, Paris, France

Corne van Loon
Orthopaedic surgeon in Rijnstate Hospital, Arnhem, The Netherlands

Marta Nejm
Professor of classical dance at ArtEZ School of Dance, Arnhem, The Netherlands
Presenters

Fay Nenander
Former dancer, choreographer, artistic director and teacher. Now a consultant and Senior Advisor, Stockholm, Sweden

Bart van Rosmalen
Associate Lector (Interdisciplinarity and Open Innovation) at ArtEZ Institute of the Arts, founding director of the Innovative Conservatoire, Arnhem, The Netherlands

Sanna M. Nordin-Bates
Senior lecturer in sport psychology at the Swedish School of Sport and Health Sciences, and a teacher of performance psychology at the Swedish Royal Ballet School, both in Stockholm, Sweden

Margot Rijven
Senior consultant on dancers’ health at several professional dance institutions, Amsterdam, The Netherlands

Brandon O’Dell
Director of public affairs at the Amsterdam Institute for Global Health and Development and the Amsterdam Health and Technology Institute, Amsterdam, The Netherlands

Liane Simmel
Medical doctor and osteopath specialised in dance medicine, director ‘Fit for Dance’, institute for dance medicine, Munich, Germany.

Tim Persent
Dancer and artistic director of the dance festival ITs, Amsterdam, The Netherlands

Peter Sonderen
Head of the research group Theory in Art at ArtEZ Institute of the Arts, Arnhem, The Netherlands

Christopher Ramsey
Director of external affairs for the New York City Ballet, New York, USA

Leo Spreksel
Artistical director of the Korzo theatre and the Korzo production-house for dance, artistical leader of the biannual CaDance festival for contemporary dance, The Hague, The Netherlands

Amy Raymond
Freelance choreographer, improvisation and ballet teacher, Amsterdam, The Netherlands

Adrienne Stevens
President at Notions Marketing Corporation, New York, USA
Presenters

**Elsa Urmston**
Manager at *Dance East Centre for Advanced Training (CAT)* in Ipswich, UK

**Aryeh Weiner**
Dance teacher and coach at *ArtEZ School of Dance, Arnhem, The Netherlands*

**Max Valentin**
CEO at practical think-tank *Fabel* based in Sweden

**John Wooter**
Dancer, dance teacher, choreographer and theater maker mainly in the urban dance circuit, The Netherlands

**Michelle Verhoef**
Skill coach at sportcentrum *Papendal, Arnhem, The Netherlands*

**Matthew Wyon**
Professor in dance science at the *University of Wolverhampton, UK*

**Ron Visser**
Secretary Performing Art Fund (*Fonds Podiumkunsten*), The Hague, The Netherlands

**Jan Zoet**
Director of *Theaterschool Amsterdam School of the Arts, The Netherlands*
Bridging the domains of performing arts, science, medicine, knowledge development and dissemination.

Contributing to a sustainable healthy career for professionals in the performing arts through research, connecting and sharing knowledge and education in a growing international network of (para) medicals, teachers/trainers, artists/athletes, researchers and students.

JOIN US: www.ncpa.eu
General Info

Location

Arnhem: One of the most attractive shopping areas in the Netherlands

Arnhem is a bustling town where you will never get bored. Whatever your interests – shopping, going out, culture or the countryside – Arnhem is the place to be for an unforgettable stay.

Arnhem, the capital of the province of Gelderland, has a rich and eventful past, partly preserved in a number of historic buildings such as the Maarten van Rossemhuis (also called Duivelshuis – “Devil’s House”), Sabelpoort and Presickhaeffs Huys. The 40 medieval cellars show you what underground Arnhem used to look like. They are restored to their former glory and connected to each other underneath one of the shopping streets. Guided tours are available for the public as are individual visits. The history of the town is reflected in the central area as well as in the 100-year-old Sonsbeek park, where you can take a rest in the heart of the town! The Church of Eusebius dominates the skyline. This late Gothic basilica boasts a unique glass lift, rising to 73 metres and offering you a view of the attractive shopping centre. On your way up you will also see the biggest carillon in Europe!

Identification

When you register you will receive a name badge. This is your conference ID and you must have it with you at all times when attending the conference or related cultural activities. Please note that no-one will be admitted to any of the conference locations or events without their conference identification! This is to ensure the success and safety of the conference, so we ask you for your kind co-operation in this matter.

Find your way

Please remember that traffic is on the right in the Netherlands. Be aware of the cyclists!

There is a map on page 2 – 3 showing the quickest way to and from the different venues: ArtEZ, Introdans, Stadsvilla Sonsbeek, Eusebiuskerk, City Hall and Schouwburg. On page 4 – 5 you will find a map of the city with some recommended restaurants and hotels.

Assistance

The conference bag includes a map of the city.

The BEYOND ballet why and how logo will be on the white T-shirts of the support staff. They are there to assist you and make your stay as pleasant as possible. If you need help just go to anyone with a BEYOND ballet why and how T-shirt.

Last minute information

Any last minute changes will be posted at the registration desk, on the information panels at each locality and on our Facebook page. Please check regularly!

Food

Lunches and Dinner: There are many good restaurants within a few minutes of the venues. They offer a wide variety both of prices and cuisine. Details and locations of the nearest restaurants can be found on page 4 – 5. A bag lunch is provided for the lunch meetings. The organised lunch on April 16 is in the Stadsvilla.

Travel within Arnhem

Travel within Arnhem is very simple and distances are not far (30 min walking distance maximum for walking between conference locations). The conference venues and accommodations are also in and around the city centre. If needed you can travel by bus or bicycle. Bicycles can be rented at the train station. Bus tickets can be bought in the busses (www.breng.nl).

Your Finances

Credit Cards: Credit Cards are not a common use in The Netherlands. Most shops do not accept credit cards, they do accept debit cards.

Banks: Most banks are open Monday through Saturday 10:00 – 17:00. Most banks in The Netherlands do not exchange currency.

Currency exchange:
This can be done at a special office (see below). It is easier to take money out of a cash dispenser/ATM.

Money Exchange Office:
GWK Travelex Arnhem
Stationsplein 164

Cash dispenser/ATM: Cash dispensers are called “Geldautomaat” in Dutch. There are several cash dispensers in and around the city centre.
**Currency:** The Dutch currency is the euro (EUR). Approximate exchange rates March 2015 are:

- 1 SEK = 0,11 EUR
- 1 USD = 0,90 EUR
- 1 GBP = 1,38 EUR

For updated information, visit www.wisselkoers.nl or www.xe.com

**Shops and Fashion**

Arnhem has been one of the 10 most attractive shopping areas in the Netherlands for years, boasting a range of large chain stores and smaller clothes shop. Apart from the city centre, don’t forget to go and have a look in the ‘modewartier’, the fashion quarter around the Klarendalseweg.

**Opening times shops:**
Monday till Saturday 9.00/10.00 till 17.00/18.00
(Thursday evening until 21.00)
Sunday open from 12.00 – 17.00

Open air market on Friday and Saturday in front of the Eusebius church.

**Chemists & Department stores**

- Kruidvat Grote Oord 7 Roggestraat 13
- Hema Rijnstraat 13
- Etos Jansstraat 24
- De Tuinen Roggestraat 12
- PAK voordeeldrogistrij Weverstraat 17
- V&D Johanny van Doornplein 14

**Insurance**

The conference organisers cannot accept liability for personal injuries sustained, or for loss (or damage to) property belonging to conference participants (or their accompanying persons), either during or as a result of the conference. Please check the validity of your own insurance.

**Delegate message board**

There will be a delegate message board at the entrance to the morning sessions’ conference venues, next to the registration table. If you wish to post anything on this board, please contact one of the conference staff at the registration desks. Check the board regularly in case there are messages for you.

**Facebook/twitter**

Please check our website, facebook and twitter for daily updates and news.

Website: www.beyondbwh.com
Twitter account: beyondbwh
Facebook page: www.facebook.com/beyondbwh

**Digital platform**

A digital platform promoting knowledge-sharing and dissemination has been constructed in connection with BEYOND ballet why and how. The building of a network of partners, consisting of initiators, clients and interested parties, will enable a more structured dissemination. The platform launch will take place during the conference, at which point the design team will begin uploading the interviews, discussion reviews and workshops, and the blog will be opened. This will be the first opportunity for the participants to network, and the dissemination will start with the live Internet broadcast of the conference. In the following year, the platform will be further developed in order to further promote interest.

**Live streaming**

All the plenary sessions will be live streamed through: www.artz.nl/live

**Questions?**

If you have any questions don’t hesitate to contact:

Jessica de Jaeger (registrations)
j.dejaeger@artez.nl / 00316 42111807

Marit Veeneman (technique, logistics)
maritveeneman@gmail.com / 00316 33044169

Fleur Bokhoven (travel, accommodation)
f.bokhoven@artez.nl / 0031642077727

Sandra Holleman (PR and communication)
s.holleman@artez.nl / 0031622667455

Anna-Karin Steen (digital platform)
anna-karin.steen@folkuniversitetet.se

**Emergency number**

For urgent matters you can call the central medical station (‘huisartsenpost’) to consult the doctor on duty. Address: Elderhofseweg 51, 6842 CR Arnhem, telephone 0900-1598.

In life threatening situations you should always call 1-1-2, which is the emergency telephone line to get help from the ambulance, police, and fire departments.
Social Programme

BEYOND ballet why and how offers a social programme on all the evenings of the conference.

**Wednesday April 15**
**18.30 – 20.00**
Welcome reception at ArtEZ School of Dance

**Thursday April 16**
**17.45 – 19.00**
Opening reception at City Hall of Arnhem, hosted by the city of Arnhem

**Friday April 17**
**20.30 – 22.30**
BEYOND performance at Schouwburg Arnhem
Extra payment from € 15,00

**Saturday April 18**
**19.00 – Late**
Closing dinner and party at Eusebiuskerk Arnhem
Extra payment: € 25,00
The first Dance science programme in continental Europe

More information:
www.tamed.eu or www.dancescience.unibe.ch

Dance Science addresses everyday questions of dance professionals as well as the effects of dance activities on different populations from a sport science perspective. The Master of Advanced Studies (MAS) in Dance Science offers an academic education in step with actual practice for all those professionally involved with dance. The programme comprises three Certificates of Advanced Studies (CAS) that can be completed separately.

More information:
www.valuascollege.nl
ewiertz@ valuascollege.nl
tel. 00.33.773590400
coördinator Valuascollege: Liesbeth Wiertz
director ArtEZ Dansacademy: Coby Almert

Auditions 10-12 years old March 2016

MAS Dance Science

START DATE August 2015
in Frankfurt am Main / Germany
HET MODE HOTEL VAN ARNHEM

Hotel Modez is een spraakmakend hotel in Arnhem waarbij design en mode op een unieke manier zijn toegepast. Hotel Modez ligt in het hart van het Modekwartier in Arnhem op een steenworp afstand van het bruisende centrum.

Onder de bezielende leiding van art director Piet Paris zijn meer dan 30 ontwerpers betrokken geweest bij de realisering van dit hotel. Voor meer info kijk op onze website.
Sunday Options

If you have spare time after or during the conference there is plenty to do in Arnhem.

The town boasts a wide and varied range of museums – including ones on art, water, wine and history - as well as major attractions such as Burgers’ Zoo and the Netherlands Open Air Museum. Whether you like shopping or going out, walking or cycling, visiting major attractions or simply prefer more energetic pursuits, Arnhem is the place to be for an unforgettable stay!

There is a lot to explore. Visit www.arnhemnijmegenregion.com/arnhem to find out and make your choice.

Museums

- Airborne Museum & info point Battle of Arnhem
- Museum of Modern Art Arnhem
- Netherlands Open Air Museum
- Netherlands Water Museum
- Kröller Müller Museum (with Van Gogh paintings)
- Wine Museum

Nature

- National Park Hoge Veluwe
- Rhine river landscape
- Sonsbeek Park and 12 other city parks

Zoo

- Burgers’ Zoo

Note that this list is far from complete. Up-to-date and comprehensive information on everything there is to see and do in Arnhem can be obtained in your conference bag.
Schouwburg Programme

Friday April 17 | 20:30 – 22:30
Performance BEYOND

Dance performance with works by Nicole Beutler/ NBprojects, ICK Amsterdam Samir Calixto/ Korzo Productions, Charlotta Öfverholm/Compagnie Jus de la Vie, the Dutch National ballet/ Junior Company and dance films.

An evening composed both of existing pieces by established dance companies and works by new dance makers.

Never before Schouwburg Arnhem hosted so many dance companies of fame in one performance. During this unique evening, different established dance groups will show fragments of existing work. During the breaks, Cinedans – Dance on Screen Festival will show us two short award-winning dance films.

The performances will represent the key themes of the BEYOND conference. Established works will alternate with works by the newest generation of dance makers, showing not only the present but also looking forward to the future of dance.

Performances by Nicole Beutler/NBprojects, ICK Amsterdam, Samir Calixto/Korzo Productions, Charlotta Öfverholm/Compagnie Jus de la Vie, the Dutch National ballet/Junior Company and dance films will guarantee a visually captivating evening.

We would like to acknowledge and say thank you to all the companies for their artistic contribution to BEYOND.
ICK AMSTERDAM

PRESENTEERT TIJDENS BEYOND:

5:ECHO

EN

ROCCO

EMIO GRECO | PIETER C. SCHOLTEN

VR 17 APRIL 20.30 UUR
SCHOUWBURG ARNHEM

BALLET NATIONAL DE MARSEILLE EN ICK AMSTERDAM

EXTREMALISM

30 DANSERS IN NIEUW WERK VAN
EMIO GRECO | PIETER C. SCHOLTEN

HOLLAND FESTIVAL

VR 12 & ZA 13 JUNI 20.30 UUR
KONINKLIJK THEATER CARRE
TICKETS: HOLLANDFESTIVAL.NL

Voor meer informatie: www.ickamsterdam.nl
Volg ons op: facebook.com/ICKamsterdam
@ICKamsterdam.nl

ICK AMSTERDAM

EXTREMALISM

EN

ROCCO

EMIO GRECO | PIETER C. SCHOLTEN

VR 17 APRIL 20.30 UUR
SCHOUWBURG ARNHEM

BALLET NATIONAL DE MARSEILLE EN ICK AMSTERDAM

EXTREMALISM

30 DANSERS IN NIEUW WERK VAN
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Voor meer informatie: www.ickamsterdam.nl
Volg ons op: facebook.com/ICKamsterdam
@ICKamsterdam.nl
Vision

BEYOND ballet why and how is part three of a four-part series of events that ArtEZ School of Dance is organising in cooperation with their partner school Balettakademien Stockholm.

2012

In 2012 ArtEZ School of Dance and Balettakademien Stockholm partnered to organise Ballet: Why and How? Balettakademien and ArtEZ are both known for their innovative curricula and willingness to explore and implement progressive educational innovations. With the aid of partners from their own fields and related disciplines, they constantly search for and research new knowledge to keep their curricula up to date.

The main objective of Ballet: Why and How? was the promotion of dialogue between dance education and the professional field about the challenges concerning curricula development necessitated by the present inflow and outflow of contemporary dance students. The enthusiasm both of the participants and the professional field, showed that there is much interest in the subject. This is what fuelled the demand for a follow-up. The participants’ evaluation surveys also showed that networking possibilities, open discussions and exchange of ideas were considered highly important and valuable.

Publication

Ballet: Why and How? The role of ballet in vocational dance education is a publication of the ArtEZ School of Dance in collaboration with ArtEZ Press, the ArtEZ publisher. ArtEZ Press enables the dissemination of existing knowledge and skills in art, culture and education. The publications by ArtEZ Press are intended for anyone interested in art and culture. Several experts were invited to contribute to the Ballet: Why and How? publication, which aims to share thoughts, ideas and experiences as building blocks to train future professionals. Ballet: Why and How? highlights several topics offering in-depth articles for reflection and debate.

Future / Digital platform

A digital platform, providing a foundation for knowledge sharing and dissemination, has been constructed in connection with the BEYOND ballet why and how conference. A network of partners, consisting of initiators, clients and interested parties, can enable a more structured dissemination. The platform launch takes place during the conference in Arnhem, at which point the design team will begin uploading the interviews, discussion reviews and workshops, and the blog will be opened. This will provide the first opportunity for the participants to network, and the dissemination will start with the live Internet broadcast of the conference. The digital platform is being developed in collaboration with ABC, ArtEZ Art Business Centre (www.innovatie.ArtEZ.nl) and NCPA, the National Centre Performing Arts (www.NCPA.eu).
Lunch Dialogues

Friday April 17 | 12:15 – 13:45

During the lunch dialogues delegates will have the chance to share thoughts and exchange ideas in small informal groups.

Lunch Dialogue: Communicating with the Audiences
Hosted by Introdans – Evert Burggrave
Location: Introdans
Language: English

Come See Us: a strategy as a base to create practical tools on how to steer your communication toward different audience groups.

Lunch Dialogue: Copyright
Hosted by Joost Becker – Dirkzwager Advocaten & Notarissen
Location: Stadsvilla C
Language: English

This session will present the latest laws and information on how copyright and creativity are regulated. The workshop addresses key issues of copyright law. The following questions will be answered: When is a creation copyright protected? Is dance copyright protected? Is there such a thing as copyleft, in other words are expressions falling in the public domain unprotected? What kind of legal ownerships of copyright exist, solely and jointly, and how do these relate? Does co-creation mean that ‘everyone’ can claim ‘everything’, and does it mean that each time a re-enactment or re-creation is produced written permission has to be requested? What are the implications of copyright contracting for all stakeholders? Finally, when can it be said that there is copyright infringement on dance creations online, and how can you stop it if you want to? As copyright issues are becoming more and more harmonised within Europe, the workshop not only addresses Dutch copyright law but also focuses on European copyright law.

Lunch Dialogue: Subsidie Nieuwe Makers
Hosted by Ron Visser – Fonds Podiumkunsten
Location: Stadsvilla
Language: Dutch

Een introductie van de Subsidie Nieuwe Makers regeling van het Fonds Podiumkunsten.

www.fondspodiumkunsten.nl/nl/subsidies/subsidie_nieuwe_makers

Lunch Dialogue: Communicating with the Audiences
Hosted by Introdans – Evert Burggrave
Location: Introdans
Language: English

Come See Us: a strategy as a base to create practical tools on how to steer your communication toward different audience groups.

Lunch Dialogue: Open Training Programs
Hosted by Gary Feingold – Henny Jurriëns Foundation
Location: Stadsvilla D
Language: English

Changes, Challenges, and Ideas for the Future.
In the past many dancers would take ballet or contemporary class daily, but now many dancers train in ‘complementary techniques’ such as yoga or Pilates and some just swim or jog around the park. Professional open training studios are facing a number of challenges today. Other styles such as GAGA are gaining popularity. Contemporary dance classes are often more an individual warm-up developed by a choreographer and specifically suited to their own movement. Pure ballet classes can often feel out-dated. How can open studios adapt to the changing situation, or is it just part of a cycle that will return to the more traditional ways? Further, in which ways can open studios collaborate in terms of knowledge, teachers and best practices?
Conference Programme
Thursday April 16

ArtEZ Zaal 1
8:00 – 8:45
Registration (Theatrium)

8:00 – 8:45
Registration (Theatrium)

9:15 – 10:45
Doing Dissimilar Dance Discourses
Research group Unpacking Performativity: Bart van Rosmalen & Peter Sonderen

9:15 – 10:45
Co-Creation (1)
Amy Raymond

11:30 – 12:45
The Psychology of Change (1)
Elsa Urmston

ArtEZ Studio

Introdans

9:15 – 10:45
The S.A.F.E.™ Method (1)
Alexandre Munz

11:30 – 12:45
The Boys Action Method (1)
Wil & Elise Boom

Stadsvilla

8:00 – 8:45
Registration

12:45 – 14:30
Organised Lunch
Short Description Sessions Thursday

8:00 – 8:45
Registration

Location: ArtEZ (Theatrium) and Stadsvilla (Central Hall)

9:15 – 10:45
Doing Dissimilar Dance Discourses

Presenters: Research group
Unpacking Performativity:
Bart van Rosmalen &
Peter Sonderen
Location: ArtEZ Zaal 1
Kind of session: Lecture / Practical

Can creative and learning strategies from Urban Dance be transferred so as to enrich vocational dance education? What happens when dancers and researchers from different fields inquire together into Unpacking Performativity. In the lecture we will show the audience some of our conclusions and experiences.

9:15 – 10:45
Co-Creation (I)

Presenter: Amy Raymond
Location: ArtEZ Studio
Kind of session: Practical

Session one of 2-part workshop. How can creative ability be nurtured and developed in order to facilitate co-creativity? What is its influence on improvisation? What are the possible effects and benefits? What are the issues regarding ownership and copyright?

9:15 – 10:45
Preservation, Documentation and Collection Management (I)

Presenter: Jacq Algra
Location: Stadsvilla A
Kind of session: Lecture

“...every image of the past, that is not recognized by the present as one of its own concerns, threatens to disappear irretrievably.”
[WALTER BENJAMIN, 1955.]

9:15 – 10:45
The S.A.F.E™ Method (I)

Presenter: Alexandre Munz
Location: Introdans
Kind of session: Practical

Session 1 of a 3-part workshop offers the opportunity for an in-depth and accessible acquisition of the SAFE™ methodologies.

www.thesafeproject.net

9:15 – 10:45
Leadership (I)

Presenter: Arjo Klamer
Location: Stadsvilla C
Kind of session: Lecture

The session will look into the tools and skills needed for effective leadership and self-assessment.
9:15 – 10:45
The Psychology of Change (1)
Managing change: Acknowledging our vulnerabilities and embracing the future

Presenter: Elsa Urmston
Location: Stadsvilla D
Kind of session: Lecture

Change is essential for moving beyond, there is no progress without it. How can change be facilitated? What skills and tools are needed for individuals to move forward? How should one best deal with the fear, challenges, the unexpected, disappointment and expectations?

II:30 – 12:45
The Boys Action Method (1)
A new perspective on teaching young male dancers

Presenter: Wil & Elise Boom
Location: Introdans
Kind of session: Demonstration

Session 1 of a 3-part workshop on the methodology and the reasoning behind the Boys Action method.
www.boysaction.nl

II:30 – 12:45
Extended Careers (1)

Presenter: Fay Nenander
Location: Stadsvilla B
Kind of session: Lecture and Panel Discussion
Panel: Paul Bronkhorst, Johan Forsberg, Shane Jewell, Margot Rijven and students

Careers in dance are tending to become longer, and more versatile. If this trend continues what challenges does it present for the future?

II:30 – 12:45
Leadership (3)
Task or Goal: Students and Staff

Presenter: Jan Åström
Location: Stadsvilla C
Kind of session: Lecture

Making it possible for staff and students to grow because they want to. A holistic approach to leadership and the core values of an education.
II:30 – 12:45

Development of Talent
No goals, no glory

Presenter: Marije Elferink-Gemser
Location: Stadsvilla D
Kind of session: Lecture and Panel Discussion
Panel: Catherina Allard, Jane Lord, Jasper van Luijk, Sanna Nordin-Bates and students

Indicators for talent and development of talent in relation to auditions and selection.

12:45 – 14:30

Organised Lunch

Location: Stadsvilla

On Thursday we will arrange an organised lunch for all who want to participate. Please mark this extra option with your registration if you want to make use of this possibility. The lunch is voluntarily, you can also go out to explore and discover Arnhem!

14:30 – 15:00

Official Opening

Presenters: Gaby Allard, Jan Åström & Fay Nenander
Location: Stadsvilla C

15:00 – 15:30

Change Now and in the Future

Keynotes: Nedjma Cadi & Wouter Hillaert
Location: Stadsvilla C
Kind of session: Keynote Lectures
From an external point of view, Wouter Hillaert and Nedjma Cadi-Yazli, will give the opening lecture and will present examples of what BEYOND means or can be, and will broaden our outlook on dance.

16:00 – 16:30

The Process of Change

Location: Stadsvilla C
Kind of session: Panel Discussion
Panel: Ted Brandsen, Nedjma Cadi, Jean-Yves Esquerre and Pieter C. Scholten

What does the notion of change in relation to dance mean to the panel? From the point of view of change, how do they view new technologies and unconventional partnerships?

17:45 – 19:00

Opening Reception

Location: City Hall

Opening reception at City Hall of Arnhem, hosted by the city of Arnhem.
Conference Programme

April 17, Friday
## Conference Programme

**Friday April 17**

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<td>The Role of Tradition in the Arts</td>
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<td>9:00</td>
<td>Preservation of Art</td>
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<tr>
<td>10:00</td>
<td>LUNCH DIALOGUE: Subsidie Nieuwe Makers</td>
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<tr>
<td>10:15</td>
<td>New Perspectives on Communication in the Dance Class</td>
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<td>Responsibility and Ethics: What the Teacher Needs</td>
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<td>17:45</td>
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### Stadsvilla

- **C**
  - 9:00 – 10:00: The Role of Tradition in the Arts
  - 10:15 – 12:15: Preservation of Art
  - 12:15 – 13:45: LUNCH DIALOGUE: Subsidie Nieuwe Makers

- **D**
  - 12:15 – 13:45: LUNCH DIALOGUE: Open Training Programs

### Introdans

- 12:15 – 13:45: LUNCH DIALOGUE: Communicating with the Audience

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**Comments**

- Urban Artistic
- Educational Preservation
- Keynote / Plenary session
- Medicine and Science
- General Interest
- Other
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<td>16:30 – 18:00</td>
<td>Old &amp; New: A time travel/Re-creation of Choreography</td>
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<td>14:15 – 15:45</td>
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<td>Amy Raymond</td>
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<td>Marta Nejm, Aryeh Weiner &amp; Matthew Wyon</td>
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### Location Details

- **ArtEZ Zaal 1**: ArtEZ Zaal 1
- **ArtEZ Zaal 3**: ArtEZ Zaal 3
- **ArtEZ Studio**: ArtEZ Studio
- **Schouwburg Arnhem**: Schouwburg Arnhem
Short Description Sessions Friday

8:00 – 8:45
Registration

Location: Stadsvilla (Central Hall)

9:00 – 10:00
The Role of Tradition in the Arts

Keynote: Margriet Schavemaker
Location: Stadsvilla C
Kind of session: Keynote Lecture

Is documentation important? If so, whose responsibility is it? How can archive material best be preserved and shared? What do new technologies have to offer?

10:30 – 12:15
Preservation of Art

Presenter: Margriet Schavemaker
Location: Stadsvilla C
Kind of session: Series of testimonies and Panel Discussion
Panel: Nicole Beutler, Emio Greco, Christopher Ramsey and Margriet Schavemaker

A series of short testimonies illuminating different experiences of preservation within dance followed by a panel discussion including the keynote speaker.

12:15 – 13:45
Lunch Dialogues

Location: Stadsvilla and Introdans
See page 42 for more information.

14:15 – 14:45
Preservation, Documentation and Collection Management (2)

Annotation in Practice

Presenters: Otto Akkanen & Hannah Shakti Bühler
Location: ArtEZ Studio 4
Kind of session: Workshop

This workshop will give an insight into some basic annotation tools and approaches practitioners can use for documenting and sharing process(es). This will involve leading the participants through a video annotation process using PM2GO*. We will also show some examples of our use of the tool in creative and educational practices. The session will develop into an open discussion giving participants the chance to reflect on potential uses of annotation relative to their own documentation needs.

*PM2GO is a free version of Piecemaker video annotation tool, one of the research results of Motion Bank (www.motionbank.org)

14:15 – 15:45
Beyond Current Structures (2)

Communication between the dance field and its audience

Presenters: Evert Burggrave, Shane Jewell & Jasper van Luijk
Location: ArtEZ Zaal 1
Kind of session: Workshop

How do ‘we’ communicate with our audience? Which ‘language’ do we use to approach them? How do we balance dance ethics with commercial interests and develop new audiences?

14:15 – 15:45
Co-Creation (2)

Presenter: Amy Raymond
Location: ArtEZ Studio
Kind of session: Practical

Session 2 of 2-part workshop. How can creative ability be nurtured and developed in order to facilitate co-creativity? What is its influence on improvisation? What are the possible effects and benefits? What are the issues regarding ownership and copyright?

14:15 – 15:45
Urban Anatomy

Presenter: Sophie Manuela Lindner
Location: Introdans
Kind of session: Practical

An interactive workshop designed to educate dancers on the fundamentals of dance medicine and specific knowledge on injury prevention of urban dancers.
14:15 – 14:55
Targeted Training (1)
---
Presenters: Gaby Allard & Matthew Wyon
Location: Stadsvilla C
Kind of session: Lecture

An introduction to annual goal setting using periodization as a tool. Concepts as periodization and target training can be applied to dance and will support the dancer to perform optimally (physically, technically and mentally).

14:15 – 14:55
New Perspectives on Communication in the Dance Class
---
Presenter: Thom Hecht
Location: Stadsvilla D
Kind of session: Lecture

Emotional Intelligence as a Pedagogical Tool: Educating an Emotionally Intelligent Young Dancer

15:05 – 15:45
Targeted Training (1)
---
Presenters: Gaby Allard & Matthew Wyon
Location: Stadsvilla C
Kind of session: Lecture
Extra information: This session is the same as the one at 14:15.

An introduction to annual goal setting using periodization as a tool. Concepts as periodization and target training can be applied to dance and will support the dancer to perform optimally (physically, technically and mentally).

15:05 – 15:45
Responsibility and Ethics: What the Teacher Needs
---
Presenter: Robin Lakes
Location: Stadsvilla D
Kind of session: Lecture

In an era when so many professional fields, from medical education to music education, have undergone significant pedagogical reformation, dance can similarly rethink the beliefs and methods that underpin practice in the dance field.

16:30 – 18:00
Targeted Training (2)
---
Training load and goal setting in the dance class
---
Presenters: Marta Neijm, Arye Weiner & Matthew Wyon
Location: ArtEZ Zaal 1
Kind of session: Demonstration
Extra information: Observers only

Weiner: “An integral part of periodization is the monitoring of the training load that is placed on the body. Schedules and training loads can be manipulated so that if students have a very heavy workload one day, the classes during subsequent day can be at a lower intensity.”

Nejm: “Training students to become professional dancers is a complex process and communication within the teaching team is essential, especially with the addition of guest teachers and choreographers. The teacher of a specific class needs to know how that class fits into the ‘grand plan’ and how the class relates to the preceding and proceeding classes. By working as a teaching team rather than independently, a series of classes can be ‘joined up’ to enhance the learning experience and skill acquisition of the students.”
16:30 – 18:00
The Boys Action Method (2)
A new perspective on teaching young male dancers

Presenters: Wil Boom & Elise Boom
Location: ArtEZ Zaal 3
Kind of session: Demonstration

Session 2 of a 3-part workshop on the methodology and reasoning behind the Boys Action method.

www.boysaction.nl

16:30 – 18:00
The S.A.F.E™ Method (2)
A new perspective on teaching

Presenter: Alexandre Munz
Location: Introdans
Kind of session: Practical

Session 2 of a 3-part workshop offers the opportunity for in-depth and accessible acquisition of the SAFE™ methodologies.

www.thesafeproject.net

16:30 – 17:15
Leadership (4)
Reshaping an education

Presenters: Gaby Allard & Jan Åström
Location: Stadsvilla C
Kind of session: Lecture / Workshop

Reflection of two school directors, on the process of reshaping their dance educations.

16:30 – 18:00
Old & New: A time travel / Re-Creation of Choreography

Presenters: Nicole Beutler & Hillary Blake-Firestone
Location: ArtEZ Studio
Kind of session: Demonstration

An example of a choreographic method to re-create existing choreography.

16:30 – 17:15
Leadership (2)
Experience in practice: Re-shaping a professional company

Presenter: Adolphe Binder
Location: Stadsvilla C
Kind of session: Lecture

Adolphe Binder has a background as dramaturge and artistic and administrative director of various companies and international festivals: Shaping a regional company into one which now receives international recognition, was and is, a challenge.

20:30 – 22:30
Performance BEYOND

Location: Schouwburg Arnhem

Dance performance with works by Nicole Beutler / NBprojects, ICK Amsterdam Samir Calixto / Korzo Productions, Charlotte Öfverholm / Compagnie Jus de la Vie, the Dutch National ballet / Junior Company and several dance films.
Conference Programme

April 18, Saturday
## Conference Programme

**Saturday April 18**

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<td>Extended Careers (2) Liane Simmel</td>
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<td>ArtEZ Studio</td>
<td>&quot;Attentional Focus&quot; Clare Guss-West</td>
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<td>9:00 – 10:30</td>
<td>ArtEZ Studio 4</td>
<td>Physical demands of Urban Dance Matthew Wyon</td>
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<td>9:00 – 10:30</td>
<td>ArtEZ Studio 4</td>
<td>The 2x (Full Body Contact) Dancers John Wooter &amp; Jonas Frey</td>
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<td>14:00 – 15:00</td>
<td>ArtEZ Studio 4</td>
<td>Medical Support for Dancers in the (Near) Future Yiannis Koutedakis</td>
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<tr>
<td>9:00 – 10:30</td>
<td>ArtEZ Studio 4</td>
<td>The S.A.F.E.™ Method (3) Alexandre Munz</td>
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<td>14:30 – 15:00</td>
<td>ArtEZ Studio 4</td>
<td>Wear and Tear of the Dancer’s Hip Joint Corne van Loon</td>
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<td>The Need for an Inter-disciplinary Dancer Support Network</td>
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**Conference Programme Saturday April 18**

**9:00 – 10:30**

**Emotionally Intelligent Ballet Training®**
Thom Hecht

**11:15 – 12:30**

**Extended Careers (2)**
Liane Simmel

**14:00 – 14:30**

**Wonderfull Opening**

**14:30 – 15:00**

**Medical Support for Dancers in the (Near) Future**
Yiannis Koutedakis

**15:00 – 15:30**

**Wear and Tear of the Dancer’s Hip Joint**
Corne van Loon

**15:30 – 16:00**

**Plasticity of the Human Motor System and Orthopedic Rehabilitation**
Robert van Cingel

**16:15 – 17:00**

**The Need for an Inter-disciplinary Dancer Support Network**
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<td>Stadsvilla A</td>
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<tr>
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<td>11:15 – 12:30</td>
<td>Stadsvilla C</td>
<td>Leadership (6) Anna Grip</td>
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<td>08:00 – 08:45</td>
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<tr>
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<td>Leadership (6) Anna Grip</td>
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<td>11:15 – 12:30</td>
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<td>Creating Awareness around Dance Nutrition and Body Image Adrienne Stevens</td>
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<td>Dancing Together at the Same Time: Synchronisation Principles in Human Motor Control Derrick Brown &amp; Ruud Meulenbroek</td>
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<td>Perspectives Beyond the Norm Maaike Bleeker</td>
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<td>Wrap Up Gaby Allard, Jan Åström &amp; Faye Nenander</td>
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Short Description Sessions Saturday

8:00 – 8:45
Registration

Location: ArtEZ (Theatrium) and Stadsvilla (Central Hall)

9:00 – 10:30
The Boys Action Method (3)
A new perspective on teaching young male dancers

Presenters: Wil & Elise Boom
Location: ArtEZ Zaal 1
Kind of session: Demonstration

Session 3 of a 3-part workshop on the methodology and the reasoning behind the Boys Action method.

www.boysaction.nl

9:00 – 10:30
Physical demands of Urban Dance
A research study

Presenter: Matthew Wyon
Location: ArtEZ Studio 4
Kind of session: Lecture

Understanding the physical demands of dance performance provides information to allow optimal preparation of the body beyond technique. Research has mainly focused on ballet and contemporary dance, though in the last few years other genres have been examined including DanceSport and jazz. The presentation will look at the cardiorespiratory demands of breakdancing and hip-hop and compare their data to other genres.

9:30 – 10:30
The 2x (Full Body Contact) dancers
A training programme for Contemporary and Urban Method

Presenters: Jon Wooter & Jonas Frey
Location: ArtEZ Studio 4
Kind of session: Demonstration

The programme prepares the body to be receptive to unfamiliar movements. An important element of the training programme is the development of a mindset of inquiry, leading to alternative ways of thinking and exploring.

9:00 – 10:30
The S.A.F.E.™ method (3)
A new perspective on teaching

Presenter: Alexandre Munz
Location: Introdans
Kind of session: Practical

Session 3 of a 3-part workshop offers the opportunity for an in-depth and accessible acquisition of the SAFE™ methodologies.

www.thesafeproject.net

9:00 – 10:30
Emotionally Intelligent Ballet Training®
An innovative approach to teaching

Presenter: Thom Hecht
Location: ArtEZ Studio
Kind of session: Practical


9:00 – 10:30
Leadership (5)
Facilitating change in dance management: The Clore leadership programme

Presenter: Sue Hoyle
Location: Stadsvilla A
Kind of session: Workshop

Leadership is a choice: it is not simply about status, position or job title, but about activity, behaviour and relationships. Sue Hoyle talks about the challenges facing today’s leaders in dance and their vital role as change-makers. The way of developing effective leaders is to concentrate on their strengths, rather than focusing on their weaknesses. How has the Clore Leadership Programme been able to make this a reality? Sue Hoyle draws on her practical experience in leadership development, dance management, education and policy-making to stimulate discussion about new models of leadership.
**II:15 – 12:30**

**“Attentional Focus”**

An innovative approach to teaching

Presenter: Clare Guss-West  
Location: ArtEZ Studio  
Kind of session: Practical

The integration of “attentional focus” practices into dance training has many advantages. Amongst these are: maximization of effectivity in teaching practice, heightened kinesthetic learning and recall, more efficient movement patterns with minimum muscular effort and enhancement of performance.

**II:15 – 12:30**

**Preservation, Documentation and Collection Management (3)**

Keeping Dance heritage, necessity or luxury?

Presenter: Hans van Keulen  
Location: Stadsvilla A  
Kind of session: Lecture

Is it important to preserve our heritage? And if so, how do we best archive, transfer and interpret this knowledge for present and future generations?

**II:15 – 12:30**

**Open Training**

Presenters: Dancers 155 & Sophie Manuela Lindner  
Location: Introdans  
Kind of session: Practical

The urban dance group 155 leads a typical open (urban) training using their methodology.

**II:15 – 12:30**

**Leadership (6)**

Presenter: Anna Grip  
Location: Stadsvilla C  
Kind of session: Lecture

“Leadership close to art – a story of different leaderships and reflections.”

**14:30 – 16:15**

**Perspectives Beyond the Norm**

Keynote: Maaike Bleeker  
Location: Eusebiuskerk  
Kind of session: Keynote Lecture

A closing testimony – Maaike Bleeker will reflect on the questions that were raised and the knowledge that was shared in the previous days. Moreover, she will sketch a kaleidoscopic outlook on what BEYOND is or can be. Different examples of BEYOND, different perspectives, different voices... Heading for the future!

**16:15 – 17:00**

**Wrap Up**

Presenters: Gaby Allard, Jan Åström & Fay Nenander  
Location: Eusebiuskerk

Closing ceremony. A summary of the most important findings from the conference and an agenda for the future.

**19:00 – LATE**

**Closing Dinner & Party**

Location: Eusebiuskerk

On Saturday night we want to celebrate BEYOND with all our guests and delegates. Please join us for dinner and party.
## Contents Medicine and Science Saturday

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<td>Derrick Brown &amp; Ruud Meulenbroek</td>
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<td>Lecture</td>
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<td>How do dancers’ manage to dance in the music simultaneously? This lecture provides theoretical underpinnings of synchronisation as an aspect of motor control.</td>
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<tr>
<td>Kind of session:</td>
<td>Lecture and Panel Discussion</td>
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<td>Panel:</td>
<td>Anna Affourtit, Yiannis Koutedakis &amp; Tim Persent</td>
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<tr>
<td>The lecture will give an insight into general physical training principles and their changes and trainability over a lifespan. Focusing on different areas of physical fitness like strength, endurance, flexibility and coordination, the focus will be on how dance technique and dance training in particular, can alter them. This opens up the discussion for the panel regarding the question of if and how sports and dance might have a positive influence on the natural body’s ageing process. Can sport - and dance in particular - support the natural process of ageing in a positive manner? And if so, do sport and dance in their present forms prepare the elderly athlete/dancer for an extended career?</td>
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This talk will cover new concepts on the changing body ideal in dancers, the influence of cultural variation, and the contemporary concept that dancers should look healthy.
For most people, performing dance is about technique, style and (in the case of ballet) tradition. However, the physical demands placed on dancers from current choreography make their physiology and fitness just as important as skill development. Therefore, the presentation’s main purpose is to examine the professional dancer as a ‘performing athlete’, followed by a brief historical account of dance science development during the last 20 years.

15:00 – 15:30

Wear and Tear of the Dancer’s Hip Joint

Presenter: Corne van Loon
Location: ArtEZ Zaal 1
Kind of session: Lecture

There is a conflict in stability and mobility of the hip joint required by dancing. The lecture discusses the structures in the hip joint that are at risk and the treatment by arthroscopic surgery.

15:30 – 16:00

Plasticity of the Human Motor System and Orthopedic Rehabilitation

Presenter: Robert van Cingel
Location: ArtEZ Zaal 1
Kind of session: Lecture

In this presentation will be focussed on how the central nervous system is influenced by musculoskeletal injuries and what the consequences are for rehabilitation. Brainplasticity is an important phenomenon in this case and is defined as the manner in which the nervous system can modify its organization and ultimately function based on sensory input, experiences, learning and injury.

16:15 – 17:00

The Need for an Interdisciplinary Dancer Support Network

Location: ArtEZ Zaal 1
Kind of session: Lecture and Panel Discussion
Panel: Orlando Goacher, Marleen Grol, Joost van Megen, Michelle Verhoef and students
Experiences and viewpoints
This panel discussion focusses on the challenges and needs for creating a shared vocabulary and transparent agreements whilst at the same time, giving team support to the student/dancer.
KinetiCode®Pilates bridges the Classical Pilates knowledge with Functional Movement research, Kinesiology and Biomechanics science.

Customised program, mat classes and personal training programs are offered to prevent post injury syndromes and to improve technical abilities of classical/modern/contemporary dancers and circus disciplines, focusing in the specific needs that each profession requires.

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